

SPA

*treatments reservation
daily
earliest at 10 am – latest at 7 pm*

please dial

*int. 100 or 101
for
reservation*

special SPA treatments

“tawur agung”

honeymoon cleansing ritual

(120 min)

enjoy a romantic time together, being pampered with the ancient balinese honeymoon ritual.

starting with a foot wash continued with a balinese aroma massage. your therapist applies the traditional techniques with palm and fingers in varying degrees of pressure to the specific points of your body balancing your energy. a gentle face and head massage follows to soften your face muscles, bringing clarity and peace to your mind.

this unique ritual is completed in the privacy of your villa with a cleansing rose petals bath, which is enriched with purified sea salt.

usd 98

“chocolate body treatment”

(120 min massage)

this ultra-indulgent bon bon of a treatment activating the endorphins in your brain. a rich and enchanting body massage with natural chocolate butter followed by a chocolate almond scrub body mask.

simply a bliss not only for chocolate lovers

usd 98

(available at the SPA only)

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our guest relation officer will be happy to assisting for your reservation

all rates are in US \$ for one person
subject to 21% government tax and service charge

a truly asian experience,
SPA at JAMAHAL

special SPA treatments

SPA information

“zen ritual”

(120 min)

bond your body and mind starting with a warm foot bath followed by a aromatic body massage, a green tea body mask will make you feel all the stress and the problems of a busy agenda fade away. enjoy a warm bath with a detox green tea mineral bath infusion. green tea and honey moisturizing cream will be applied for smoothening your skin at the end of the treatment

find harmony in zen like tranquility...

usd 98

“mandi lulur & coffee scrub”

(120 min massage)

an aromatherapy massage will relax your body, followed by a scrub of smoothly ground coffee beans or javanese body wash and scrub. completed with a yogurt splash to clean and revitalize your skin. after the treatment indulge in a flower bath in the privacy of your villa while enjoying a cup of herbal tea

rejuvenating fatigued muscles and skin smoothening

usd 98

(available at the SPA only)

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om swastiastu

what if I have special health considerations ?

please notify our GRO (guest relation officer) when booking your treatments if you have high blood pressure, allergies, other physical ailments or disabilities, or if you are pregnant. If you have concern at all, please let us know.

our therapists have many years of experience and are well trained. they will individually adjust the strength of the massage on your demand

what products are used for my treatment ?

all oils, lotions and scrubs are home made and from natural organic high quality produce and should not cause allergic reactions. If you do have a high sensitivity towards essentials please let us know and we will comply with your request and reduce possible risks of allergies

what do I wear during my treatment ?

we will provide you with spa attire including a choice of spa underwear or you may choose to wear your own underwear. choose what is most comfortable for you. our therapists will always use draping technique to respect your privacy

what if I am late for my appointment ?

arriving late may make it necessary to limit the time for your treatment so the next guest is not delayed. please arrive five minutes before the scheduled time to check in and prepare to enjoy your treatment.

the treatments you select are reserved especially for you. there will be a 100% cancellation fee for treatments cancelled less than five hour in advance or no show

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om chanti chanti chanti om

duration minutes: 30 60 90 120

usd

full body massage n/a 49 78 98

traditional balinese deep relaxing treatment balancing body and mind. a combination of long strokes, skin rolling, palm and pressure techniques are used to relief tension

easing stress and calming the mind

(available at the SPA only)

JAMAHAL massage n/a 78 98

discover this deep relaxing blend of massage. a relaxing foot bath followed by a combination of stretching long strokes, skin rolling and pressure techniques. a blend of balinese, japanese and polynesian massages

relieves tension, improves blood flow and calms

(available at the SPA only)

stone massage n/a 78 98

this massage originated in polynesia. warmed stones are gently placed on your body, as you are massaged with the stones you feel the stress melt away, relaxing the body to a deeper level

relieves shoulder and back tensions or muscles aches

(available at the SPA only)

ayurveda treatment n/a 78 98

ayurveda, translated "the science of life" is an ancient healing tradition of india. this ayurveda shirodhara is a mental relaxation treatment for three individual body types

VATA > air and spice: calming and relaxing
PITTA > fire and water: rejuvenating and balancing
KAPHA > water and earth: vitalizing and energizing

starting with a floral footbath and a light foot massage, followed with a specific shoulder and neck massage, ending with gentle pressures on your head chakras and completed with an cold oil flow on your "third eye"

recommended for stress relief

(available at the SPA only)

five sense treatment 37 49 n/a n/a

beneficial and stimulating to the senses a gentle applied pressure to your chakra points combined with some soft stretching techniques. this half an hour treatment can be extended to an hour. also revitalizing your lower body, this treatment is addressing all your senses

will ease your fatigue and jet lag

(available at the SPA only)

duration minutes: 30 60 90 120

usd

balinese back massage n/a 49 n/a n/a

a traditional balinese massage relaxing and easing from tensions. traditional techniques passed from generation to generation

relieves back and muscle tension

(available at the SPA only)

traditional facial n/a 49 78 n/a

using traditional asian beauty recipes to cleanse, refine and re-hydrate your skin cells

(available at the SPA or in your villa)

reflexology 37 49 n/a n/a

foot reflexology is an ancient chinese technique that activates trigger pressure points on your feet to give you an overall sense of well being

(available at the SPA or in your villa)

sun burn 37 n/a n/a n/a

gently applied cooling aloe vera lotion rejuvenating and re-hydrating your skin after extensive exposure to the sun

(available at the SPA or in your villa)

waxing (bikini, back, leg) 37 n/a n/a n/a

(available at the SPA only)

manicure n/a 49 n/a n/a

treatment for the fingernails and hands. shapeing and buffing your nails. hand scrub and a short massage is provided, final nail strengthener and color of choice is applied

(available at the SPA or in your villa)

extension with french manicure n/a n/a n/a 98

(available at the SPA or in your villa)

pedicure 49

soak your feet in salt scrub for maximum exfoliation. enjoy a short foot massage before your toe nails are shaped, buffed, polished and color of choice is applied

(available at the SPA or in your villa)

additional with french pedicure * 29

(available at the SPA or in your villa)

nail refresh 37

(available at the SPA or in your villa)

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